

REGION I AAA XC CHAMPIONSHIP

Thursday, October 20th, 2011

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Where: The **Region I AAA XC Championship** will take place at White Day Golf Course near Fairmont, WV. The course consists of groomed grass with a mixture of flats and hills. The course is very viewer friendly.

Event Schedule:

4:00 p.m. - Varsity Girls Championship Race (5000 Meters)
4:45 p.m. - Varsity Boys Championship Race (5000 Meters)
5:30 p.m. - Awards Ceremony

Awards: The top ten individuals in the varsity high school races will receive medals courtesy of Preston and East Fairmont High Schools. The winning boys and girls varsity teams will receive regional championship plaques supplied by the W.V.S.S.A.C.

State Meet Qualification Standards: The top ten individuals in each race will automatically qualify for the State Championship at Cabell Midland High School on Saturday, October 29th. In addition to the individual qualifiers, the following number of teams that start the regional race will qualify for the State Championship: 1-3 complete teams = 1 team, 4-6 complete teams = 2 teams, 7-9 complete teams = 3 teams, 10 or more teams = 4 teams.

Directions: From I-79 South, exit 139 Prickett's Fort. Turn right at the end of the ramp, travel approximately ¼ mile. At the T turn right on Route 73 North, White Day Golf Course is about 3 ½ miles on the right.

Concessions: Light concessions will be available on site as well as the official **Region I AAA XC Championship** T-shirt. T-shirts will be available in a wide variety of colors.

Admission Fee: There will also be an admission fee for spectators of \$6.00 for adults and \$5.00 for students. This fee is set by the W.V.S.S.A.C.

Entry Method: All schools must enter their athletes using www.timetoenter.com. Faxed or mailed entries will not be accepted. Complete instructions on how to use timetoenter.com can be found on the site. Electronic entries must be received by 3:30 p.m. on Friday, September 21st, 2011. Coaches are asked to enter ten individuals (seven varsity runners and three alternates) per race.

Contact Info: If you have any questions, please contact Coach Paul Martin (Preston) or Coach Ken Hibbs (East Fairmont) via one of the methods below.

Coach Paul Martin
Preston High School

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